# heading 1 (alt-1)

## heading 2 (alt-2)

### heading 3 (alt-3)

#### heading 4

This is a regular text paragraph. Use alt-S.

This is a regular text paragraph.

This is a regular text paragraph.

1. This is a numbered paragraph. Use alt-D
2. This is a second one.

Quote. This is a quote. Use alt-Q.

Quote. This is a quote. Use alt-Q.

Citation. This is a citation. Use alt-C

Notes. These are right-justified notes. Use alt-X